

Resources for Prescribers Regarding Controlled Substance Prescribing and Responding to Disruptions in Care

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Technical Assistance

- **Individualized technical assistance**, Maine SUD Learning Community, <https://mesudlearningcommunity.org/coaching-and-technical-assistance/>
- **Individualized Academic Detailing** on Tapering, Maine Independent Clinical Information Service, <https://micismaine.org/contact/>
- **Controlled Substance Stewardship** program, Schmidt Institute, <https://theschmidtinstitute.org/contact-us/>

Guidance Documents

- **Clinical education guidance on tapering methadone**, ME SUD Learning Community <https://mesudlearningcommunity.org/document/methadone-for-chronic-pain-tapering/>
- **Clinical education guidance on deprescribing benzodiazepines**, ME SUD Learning Community <https://mesudlearningcommunity.org/document/deprescribing-chronic-benzodiazepines/>
- **Educational tips for providers inheriting patients on chronic opioid medications for pain**, ME SUD Learning Community <https://mesudlearningcommunity.org/document/educational-tips-for-providers-inheriting-patients-on-chronic-opioid-medications-for-pain/>
- **CDC 2022 Clinical Practice Guideline for Prescribing Opioids for Pain**, <http://dx.doi.org/10.15585/mmwr.rr7103a1>
- **A user guide exists for prescribers to check their own prescription histories within the PMP.** Anyone who issues controlled substances prescriptions can review their prescribing history to see where they may be along the spectrum of their own specialty area.

<https://drive.google.com/file/d/1319gnyvFdo2eGPwL8NOPKTkqaxHBxL1f/view>

- **Treatment Improvement Protocol (TIP) 54**, Substance Abuse and Mental Health Services Administration. *Managing Chronic Pain in Adults with or in Recovery From Substance Use Disorders. Treatment Improvement Protocol (TIP) Series 54*. HHS Publication No. (SMA).
<https://store.samhsa.gov/sites/default/files/d7/priv/sma13-4671.pdf>

Handouts

- **“Universal Precautions,”** Maine Independent Clinical Information Service, <https://micismaine.org/wp-content/uploads/2021-MICIS-qi-for-opioids-2021.pdf>
- **Assessing Benefits & Harms of Opioid Therapy:** CDC, <https://www.cdc.gov/opioids/providers/prescribing/pdf/Assesing-Benefits-Harms-of-Opioid-Therapy.pdf>

Recorded Webinars / Online Trainings

- **Recorded Webinar on Compassionate tapering when a patient loses their provider:**, originally aired on 11/2/22, <https://mesudlearningcommunity.org/resources/video-resources/?playlist=f0448f5&video=3e4dd08>
- **Online Webinars and Videos (CME): Boston University Scope of Pain**
- <https://www.scopeofpain.org/core-curriculum/online-training/> (core curriculum)
- You can scroll through short supplemental options (i.e., patient-centered approach to opioid tapering: <https://www.scopeofpain.org/supplemental-training/>)
- **Online CME modules** on Tapering, MMA Center for Quality Improvement, and PMP Features to Enhance Patient Safety among others. <https://qclearninglab.org/all-courses/>
- **Online CME Module: Reducing Risk:** Safer Prescribing for Acute Pain. K Silva & A Truncali, 2021. Podcast style learning regarding management of acute pain and risk and role of opioids. <https://mmc.instructure.com/courses/448> (click on Module 3)

- **Online CME** on Pain Management and Opioids, New England Journal of Medicine. <https://knowledgeplus.nejm.org/cme-moc/pain-management-and-opioids-cme/pain-opioid-cme-disclosures/>

Patient Handouts

- Maine DHHS Patient Resource Handout <https://mosa.memberclicks.net/assets/docs/DRAFT%20Patient%20resource%20handout.docx>
- Tapering Opioid Drugs, Alosa Health https://alosahealth.org/wp-content/uploads/2018/11/AF_Tearoff_ElderlyPain_final_-1.pdf
- Slowly Stopping Benzodiazepine, US Department of Veteran Affairs chrome-\ https://www.pbm.va.gov/PBM/AcademicDetailingService/Documents/508/1B10-1529BZD-PatientFactSheet-SlowlyStoppingBenzodiazepines_508Ready.pdf
- Safe and Responsible Use of Opioids for Chronic Pain, A Patient Information Guide, US Department of Veterans Affairs https://www.va.gov/PAINMANAGEMENT/Opioid_Safety/OSI_docs/10-791-Safe_and_Responsible_Use_508.pdf