WHAT WE DO MATTERS:

Addressing Stigma in Health Care Toward People Who Use Substances

Kristen Silvia MD
Andrea Truncali MD, MPH

Goals

1. Raise the awareness of healthcare workers to the presence and effect of stigma in healthcare on the experiences of people with substance use disorders (SUDs)
2. Initiate self-examination of one's own biases and how they manifest in patient care
3. Develop an action step for personal growth

Learning Objectives

By the end of this session, learners will be able to

- Provide two to three examples of stigma in healthcare towards people with SUD
- Recognize different levels of stigma (ie, micro, meso, macro)
- Reflect on how one's own biases manifest in their day-to-day work
- Identify a change in one’s own language, approach or mindset to diminish SUD-related stigma and promote patient engagement and healing

Before We Start

You are being asked to participate in research. Individuals in your professional position interact with people who use drugs. The purpose of this study is to determine the effectiveness of an educational intervention which addresses stigma in healthcare settings toward people who use drugs. The intervention includes a short 11-question survey followed by a 35-minute video, facilitated discussion with group participants and a follow up 11-question survey. The pre- and post- surveys will be linked via a composite key you will enter. Participation in this study is entirely voluntary. You may choose to watch the video and participate in the discussion without completing the pre- and post – surveys. Completing each survey will take less than five minutes. No compensation is being offered. Your survey answers will be completely anonymous and no data will be traceable to you. Risks of the study are minimal but may include psychological distress associated with confronting your own stigma and biases toward people who use drugs. Watching the video may also bring up memories of past experiences with patients that may have been traumatic. Participation in this research will not have a direct benefit to you but may benefit our patients and society in general if it is determined that this training lowers stigma in healthcare settings toward people who use drugs.

If you choose to participate, please click on the link below to open up the survey questions. After viewing the video, we will provide a link to the follow up survey questions.

Primary Investigator (PI): Kristen Silvia MD

Email: Kristen.silvia@mainehealth.org

Pre-Training Survey Links

Medical Condition Regard Scale - Pre Survey

If the link above does not work, try copying the link below into your web browser:
https://redcap.mmcri.cloud/surveys/?s=TX4NRCNM7LFFRA43

- Pre-Survey

Video

https://vimeo.com/786038339/f0a8eae95a?share=copy

Discussion

1. What is your initial reaction to the video?
2. Can you think of an example when you witnessed stigma toward people who use drugs?
3. Have you ever felt anxious, scared or frustrated by an interaction with a person who use drugs?
4. What are some ideas specific to your role or workspace that might improve the care of people who use drugs?
5. How did this video change your perspective on people who use drugs?
6. What is one thing you think you can try to do differently now?

Post-Training Survey Links

- Medical Condition Regard Scale - Post Survey

  If the link above does not work, try copying the link below into your web browser: https://redcap.mmcri.cloud/surveys/?s=YT7TEM3AHKMH877F

Post-Survey

Thank You!