

There's a real person in your community ready to help—ready to connect you to resources for harm reduction, treatment and recovery.



OPTIONS
SAVE LIVES

Meet your local OPTIONS Liaison.



OPTIONS Liaisons are public health professionals that often work alongside local emergency medical services (EMS) and law enforcement agencies to follow up with people and families after an overdose. In addition to helping people navigate services, Liaisons assist people to meet basic needs; de-escalate behavioral health crises and provide short-term therapeutic interventions; provide naloxone training and distribution; and conduct outreach and education. Anyone can make a direct referral to a Liaison, including individuals who use drugs, their families and loved ones, and others within the support system.

The Overdose Prevention Through Intensive Outreach Naloxone and Safety (OPTIONS) initiative is a coordinated effort of the Maine Office of Behavioral Health (OBH) and other state agencies to improve the health of Mainers with substance use disorder. OPTIONS supports treatment, harm reduction and recovery, and aims to reduce the number of fatal and non-fatal drug related overdoses.

County	OPTIONS Liaison	Email	Phone
Androscoggin	Dave Bilodeau	dbilodea@tcmhs.org	(207) 344-1828
Aroostook	Vanessa Charette	vcharette@amhc.org	(207) 762-4851
Aroostook	Sarah Baker-Corbett	scorbett@amhc.org	(207) 762-4851
Cumberland	Tom MacElhaney	tjmacelhaney@sweetser.org	(207) 468-2848
Franklin	Katlynn Johnson	katlynnj@wmbh-me.com	(207) 500-1752
Hancock	Nick St. Louis	nstlouis@amhc.org	(207) 762-4851
Kennebec	Dawn Kearns	dkearns@sweetser.org	(207) 446-3304
Knox	Will Bucklin	wbucklin@sweetser.org	(207) 298-4672
Lincoln	Nicholas Loscocco	nloscocco@sweetser.org	(207) 468-3483
Oxford	Glenn Gordon	glenn.gordon@ocmhs.org	(207) 357-1751
Penobscot	Ashley Roberts, CADC	aroberts@chcs-me.org	(207) 991-1162
Piscataquis	Megan Harrigan, CADC	mharrigan@chcs-me.org	(207) 994-0271
Sagadahoc	Maria Beauregard, CADC	mbeauregard@sweetser.org	(207) 468-3304
Somerset	Mandy Smiley	msmiley@sweetser.org	(207) 468-6979
Waldo	Ann Ward	aeward@sweetser.org	(207) 468-2766
Washington	David Grieco	dgrieco@amhc.org	(207) 496-9733
York	Lacey Bailey	lmbailey@sweetser.org	(207) 468-4015

For the most up-to-date information, find contacts online at <https://knowyouroptions.me/about-options/> or call 2-1-1. For more information on the OPTIONS Liaison program, contact robert.porter@maine.gov.

Keep up-to-date by following **OPTIONS**:

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