



ME SUD Learning Community Adolescents & Young Adults ECHO: Expanding Services for OUD/SUD, Mental Health and Other Complexities

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To join, please complete the application at <https://forms.office.com/r/SWwJ7TcifU>

A Zoom link will be sent to you after the review of your application.

The Co-Occurring Collaborative Serving Maine is launching its third Project ECHO: Expanding Services for Behavioral Health Complexities for adolescents and transition-aged youth. The nine-month Project ECHO brings together Prescribers and their Teams.

Project ECHO: [Project ECHO](#)® (Extension for Community Healthcare Outcomes) is an approach that involves case-based learning across expert faculty and participants through regularly scheduled meetings via video conferencing.

Intended Audience: Primary care and specialty care MOUD and SUD prescribers, individually or with their team members from practices located in Maine, who seek support to develop, implement, improve, and sustain OUD/SUD treatment for adolescents and young adults.

Learning objectives:

- Expand knowledge of the treatment of adolescents and young adults with MOUD/SUD and other complexities
- Build knowledge to be responsive to the populations of youth and young adults and their diversities.
- Bolster competencies to deliver effective and responsive treatment.

Faculty:

- Eric Haram, LADC, Haram Consulting, LLC
- Amy West, FNP, PCHC, Bridge Clinic
- Jon Fanburg, MD, MaineHealth
- Ben Strick, LCSW, Spurwink
- Miriam Schizer, MD, Boston Children's Hospital, Adolescent Substance Use & Addiction Program (ASAP), Division of Addiction Medicine.
- Adrienne W. Carmack, MD, Medical Director, Maine Office of Child and Family Services
- Guests:
 - Kevin M. Simon, MD, Boston Children's Hospital
 - Kevin Gray, MD, Medical University of South Carolina
 - Amy Yule, MD, Vice Chair of Addiction Psychiatry at Boston Medical Center and an Assistant Professor at the Boston University School of Medicine

Commitment:

- Each Practice Care Team is to present at least one de-identified patient case presentation.
- Regular attendance is encouraged but not required.
- Complete evaluations at the end of each session to obtain CMEs and CEUs.
- Participants can receive one hour of Category 1 AMA CME credit for each one hour virtual learning session attended.



Program Schedule: Sessions will be held on a monthly schedule outlined below. Sessions will be held on the **second Wednesday of each month from 12 Noon - 1 PM.**

Each session will include a brief didactic presentation from an ECHO faculty member on a pre-determined topic, followed by a case presentation from a Practice Care Team member and/or Prescriber. An orientation will be scheduled and recorded for those who are unable to attend.

- Wednesday, September 13, 12 Noon – 1 PM
- Wednesday, October 11, 12 Noon – 1 PM
- Wednesday, November 8, 12 Noon – 1 PM
- Wednesday, December 13, 12 Noon – 1 PM
- Wednesday, January 10, 12 Noon - 1 PM
- Wednesday, February 14, 12 Noon - 1 PM
- Wednesday, March 13, 12 Noon – 1 PM
- Wednesday, April 10, 12 Noon – 1 PM
- Wednesday, May 8, 12 Noon – 1 PM

Topics:

- How Youth differ from Adults
- Disentangling Co-occurring Bipolar Disorder in Youth with OUD and other SUD
- OUD/SUD and Anxiety
- OUD/SUD and Psychosis
- Cannabis Use Disorder
- SUD/Trauma and Homelessness
- LGBTQ+ Youth & Diversity with SUD/OD treatment
- Urine Toxicology
- Self-Harming Behavior

Continuing Medical Education

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Maine Medical Education Trust and CCSME. The Maine Medical Education Trust is accredited by the Maine Medical Association Committee on Continuing Medical Education and Accreditation to provide continuing medical education for physicians.

The Maine Medical Education Trust designates this regularly scheduled series for a maximum of 1 AMA PRA Category 1 Credit™. Physicians should only claim credit commensurate with the extent of their participation in the activity. Note: CME credits cannot be awarded for less than 1 hour.

This activity qualifies for 1 credit of the 3 CME credit requirement for opioid medication education found in P.L. 2015, Chapter 488, Maine's legislation to address the opioid drug crisis.

*Nurses and Nurse Practitioners will be awarded a certificate of participation with a maximum of 1 AMA PRA Category 1 Credit™.

Contact hours will be awarded at the end of the ECHO based upon 1 hour for each session attended:



- **1 contact hour** for social workers, licensed clinical professional counselors, and behavioral health professionals
- **1 Category I contact hour for psychologists are provided.** CCSME is a pre-approved sponsor and provider of Professional Education Activities for Maine Psychologists.
- **1 contact hour CHES.** CCSME is a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc.
- **1 contact hour pending for alcohol and drug counselors** from the Maine board of alcohol and drug counselors.

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