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Fact Sheet for Administrators, Providers, and Policy Makers

Certified Community Behavioral Health Clinics (CCBHC)

Certified Community Behavioral Health Clinics (CCBHCs) are behavioral health organizations that provide a broad range of community behavioral health services. CCBHCs focus on coordinated care and use of evidence-based practices for individuals across their lifespan, regardless of their ability to pay.

The Maine Department of Health and Human Services (DHHS) is developing a service model, reimbursement methodology, and certification process for qualifying behavioral health organizations in Maine.

Community Tailored

Services delivered by a CCBHC are responsive to community need. A Community Needs Assessment is completed every three years to ensure staffing and services reflect the diversity and emerging behavioral health needs in each community.

Care Coordination

CCBHCs provide comprehensive care coordination and outreach to help people engage in needed services and make sure all care team members are working together in support of the person receiving services. CCBHCs are required to partner with physical health and social service partners in support of their communities and the people they serve.

Payment Model

CCBHCs receive a per recipient per month prospective payment derived from a clinic-specific cost report that identifies reasonable costs to serve to all individuals seen by the CCBHC. Payments are tied to quality measures, incentivizing improvement in health outcomes for service recipients.

CCBHC Core Services

CCBHCs are required to provide core services outlined in the Substance Abuse and Mental Health Administration's (SAMHSA) CCBHC criteria:

- **Person-centered care** is a process of involving a person and/or the family in setting treatment goals and care preferences and delivering services that are trauma-informed.
- **Peer and family support services** offer a person with lived experience with behavioral healthcare to help people and families in need of support to access helpful resources.
- **Case management** assists people in gaining access to needed medical, social, legal, education, housing, vocational, and other services and supports.
- **Outpatient mental health and substance use treatment** services offer behavioral health care like therapy and medications, including competent care for service members and veterans.
- **Psychiatric rehabilitation services** help people develop skills to support community living, like attaining housing, education, or employment.
- **Physical health monitoring** includes screening and reviewing health symptoms that may need support from a primary care provider.
- **Services for people in crisis and urgent need** help people receive immediate assistance for any behavioral health need by phone or in person.

Designing Maine's CCBHC Model

In 2021, Maine DHHS formed a cross-department team to plan, design, and implement a CCBHC model in Maine. In 2024, Maine DHHS was selected as a CCBHC Demonstration state allowing MaineCare to receive an enhanced federal medical assistance percentage (match) for CCBHC services delivered to MaineCare members among other Medicaid flexibilities.

To inform the development and implementation of the CCBHC model, Maine DHHS holds a bi-monthly community partner meeting series to allow consumers, healthcare providers, and community partners to provide input and take part in the discussions.

For more information on CCBHC, please visit:
https://www.maine.gov/dhhs/oms/providers/value-based-purchasing/ccbhc