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*Fact Sheet for Administrators, Providers, and Policy Makers*

# Community Care Teams (CCTs)

CCTs are part of MaineCare's Value-Based Purchasing strategy, a multi-pronged MaineCare initiative designed to improve patient experience of care, improve population health, and reduce cost. CCTs are multi-disciplinary, community-based care management teams delivering person-centered health home services to MaineCare members with chronic conditions and complex care management and coordination needs. The model aims to improve healthcare outcomes while also reducing costs.

## Comprehensive Care Team

Providing comprehensive care management, coordination and supports requires a team approach. A CCT might include physicians, advanced practice nurses, physician assistants, nurse care managers, pharmacists, nutritionists, social workers, community health workers, and care coordinators.

## Patient-Centered Care

Recognizing that patients and families are core members of the care team, the CCT provides care that is patient-based and whole-person oriented. The CCT actively supports patients in learning to manage and organize their own care, and ensures that the patient and their family are fully informed partners in establishing care plans.

## Delivery Model

CCTs are locally-based providers of person-centered, comprehensive care management services across healthcare settings for MaineCare members with chronic health conditions and risk factors such as: frequent preventable inpatient hospitalization or emergency room visits or multiple medications. CCTs facilitate access to needed medical care, behavioral health care, and community supports and services, to assist each member in meeting their healthcare goals to improve self-management skills, health outcomes, and quality of life.

## Community Care Team (CCT) Services

- Comprehensive Care Management
- Care coordination
- Health promotion
- Comprehensive Transitional Care
- Individual and Family Supports
- Referral to community and support services
- Advanced Care Planning
- Culturally and Linguistically Appropriate Care
- Proactive Identification of Members who Need CCT Services
- Participation in Quality Improvement Initiatives

## Health-Related Social Needs (HRSNs)

HRSNs are the social and economic needs individuals experience that when unmet have damaging impacts on health quality and outcomes, increase the total-cost of care, and drive health disparities among populations. As part of the whole-person care model, CCTs work with the members to identify their HRSNs and coordinate care and referrals to address these needs to improve health outcomes and quality of life.

For more information, visit:
*https://www.maine.gov/dhhs/oms/vbp/health-homes/index.html*