CCISC Hopeful, Strength-based (Recovery Oriented) Presentation Format

The (age) person (man/woman/boy/girl) I am presenting is an amazing/cool/special person because:

I like or feel connected to the person I am presenting because:

His or her vision for a happy, meaningful, proud, successful life is:

Over the past several weeks/months, in the face of multiple challenges:

List all the challenges…. (e.g., continuing mental health issues, substance issues, cognitive/learning issues, health issues, past and current trauma, relationship challenges, housing issues, criminal justice issues, etc.)

1.

2.

3.

This person has amazingly made progress toward his/her goal of happiness by doing the following things:

List the positive things that he has been doing in general, and specifically to make progress for each challenge. STAY WITH A STRENGTH BASED FOCUS: (e.g., he/she has amazingly made 75% of appts or taken meds 60% of the time, rather than: he/she does not keep appts and is med non-compliant)

Also note the STAGE OF CHANGE he/she is in for each issue, reflecting progress in a way that is "stage-matched". (e.g., he/she has just started to trust us enough to talk about substance issues in spite of bad experiences with talking about these issues with caregivers in the past, and is moving into the contemplation stage)

1.

2.

3.

Based on the above, I would like some help from the team identifying smart next steps of progress (skills, etc) that the person and I/the team can work on in partnership together, for each of the challenges that he/she is facing, in order to help make progress toward his/her vision of a happy life.