CCRAFFT for FAMILIES

Ken Minkoff, MD

- **C –** Given the issues in your family, how would you **CHOOSE** the right amount of drug or alcohol use in your home (for each family member)?
- **C** - Have you ever ridden in a **CAR** driven by someone in your family **(or a friend)** who was "high" or had been using alcohol or drugs?
- **R** – Does anyone in your family ever use alcohol or drugs to **RELAX**, cope with problems, deal with symptoms, or just to feel better?
- **A –** Is there anyone in the family who is **ANGRY** or **ANNOYED** about someone else in the family's alcohol or drug use?
- **F** - Do you think anyone in your **FAMILY** should cut down on drinking or drug use?
- **F -** Does anyone in the family have **FRIENDS** who use alcohol or drugs and/or who have problems with alcohol or drugs?
- **T** – Has anyone in your family gotten into **TROUBLE** while using alcohol or drugs?