Stage of Change Descriptors

In relationship to my "happy life" vision, for EACH problem or issue, which sentence best fits my position on the issue

1: Precontemplation: You may think it's an issue, but I don't, and even if I do, I don't want to do anything about it, so don't bug me.

2: Contemplation: I am willing to discuss it, think about it, and consider whether to change, but I have no interest in changing, at least not now.

3: Preparation: I am ready to start changing, but I haven't started, and need some help to begin.

4: Early action: I have already begun to make changes and need some help to continue, but I am not committed to maintenance.

5: Late action: I am working toward maintenance but haven't gotten there, and need some help to get there.

6: Maintenance: I am stable, and I am trying to stay that way as life throws challenges at me.