PMP Curated List

ME SUD Learning Community webinars and resources Controlled Substance Prescribing: Patient Safety, Best Practices & Stewardship

Topic	Presenter	Date	Resource Type	Link
ONLINE COURSES for CME CREDIT				
When a Patient with Chronic Pain Loses their Provider: Compassionate, Evidence-Based Responses	Noah Nesin, MD and Elisabeth Fowlie Mock, MD, MPH	November 2022	Online CME course	https://mesudlearningcommunity.org/courses/when-a-patient-with-chronic-pain-loses-their-provider/
Benzodiazepines: Challenges and Solutions	Christopher Blazes, MD		Online CME course	https://mesudlearningcommunity.org/courses/benzodiazepines-challenges-and-solutions/
RECORDINGS & SLIDES FOR SELF-STUDY				
Controlled Substance Management & Patient Centered Care				
Trauma-Informed Deprescribing: How to Align with Patients While Prescribing Responsibly	Jesse Higgins, PMHNP	6/27/2025	Video with slide download available	https://mesudlearningcommunity.org/document/pmp-series-rauma-informed-deprescribing-how-to-align-with-patients-while-prescribing-responsibly/
Managing Legacy Patients on Controlled Substances:	Noah Nesin, MD	6/27/2023	Video	https://mesudlearningcommunity.org/document/managing-legacy-patients-on-controlled-substances-compassionate-evidence-based-responses/

Compassionate, Evidence-Based Responses				
Legal Issues and Controlled Substance Prescribing: How to Make It Work for ME	Ben Townsend, Esq. and Eric Haram, LADC and Elisabeth Fowlie Mock, MD, MPH	8/29/2023	video	https://mesudlearningcommunity.org/document/legal-issues-and-controlled-substance-prescribing-how-to-make-it-work-for-me/
Pain Management				
Changing the Conversation about Pain: Simple Tools to Make Your Job Easier	Nora Stern, MS, PT and Nadejda Razi Robertson, PhD, LCSW	5/28/2024	Video with slide download available	https://mesudlearningcommunity.org/document/changing-the-conversation-about-pain-simple-tools-to-make-your-job-easier-nora-stern-nadejda-razi-robertson/
Medication Deprescribing and Chronic Pain Care	Eva Quirion, NP, PhD	5/11/2023	video	https://mesudlearningcommunity.org/document/medication-deprescribing-and-chronic-pain-care/
2022 CDC Clinical Practice Guidelines for Opioids for Pain: Context, Overview, Application and	Andrew Suchocki, MD, MPH and Nadejda Razi Robertson, PhD, LCSW	6/25/2024	Video with slide download available	https://mesudlearningcommunity.org/document/the-2022-cdc-clinical-practice-guidelines-for-opioids-for-pain-context-overview-application-and-policy-implications/

Policy Implications				
Buprenorphine for Chronic Pain	Noah Nesin, MD	11/20/2025	Video with slide download available; podcast	https://mesudlearningcommunity.org/document/pmp-series-buprenorphine-for-chronic-pain-through-positive-childhood-experiences-and-positive-psychology/
Buprenorphine Beyond OUD: Chronic Pain and Opioid Stewardship	Whitney Jandreau, PharmD BCPS	1/28/26	Video with slide download available; podcast	COMING SOON
Managing Chronic Pain on Methadone	Cara Zimmerman, MD, MBA	5/14/2024	Video with slide download available	https://mesudlearningcommunity.org/document/pmp-series-managing-chronic-pain-on-methadone/
Anxiety Management				
Changing Risk of Benzodiazepines Across the Lifespan	Jonathan Fellers, MD	6/23/2022	Video with slide download available	https://mesudlearningcommunity.org/document/changing-risks-of-benzodiazepines-across-the-lifespan/
Co-prescribing Opioids and Benzodiazepines: prevalence, outcomes and	Nicolette Centanni, PharmD, BCPS, BCGP, BCPP	5/27/2025	video	https://mesudlearningcommunity.org/document/pmp-series-co-prescribing-opioids-and-benzodiazepines-prevalence-outcomes-and-mitigation-strategies/

mitigation strategies				
The ABCs of Anxiety and Zzzs: Benzodiazepines and Z-Drugs Explained	C. Jason Mallo, DO	2/18/2026	Video with slide download available; podcast	COMING SOON
Considerations for Benzodiazepine Tapering	Donovan Maust, MD, MS	2/26/2026	Video with slide download available; podcast	COMING SOON
Stimulant Prescribing				
Treatment Consideration for Adult ADHD: Stimulants or Not, and If Yes, Which, How and Why?	Stephanie Nichols, PharmD, BCPP, MPH	12/3/2024	video	https://mesudlearningcommunity.org/document/pmp-series-treatment-consideration-for-adult-adhd-stimulants-or-not-and-if-yes-which-how-and-why/