Peer Recovery Coaching & Reentry

PORTLAND RECOVERY COMMUNITY CENTER

What is a Peer Recovery Coach?

- Lived Experience
- Connect to Resources
- Honors Multiple Pathways of Recovery
- Empowering
- Focus on Overall Wellness
- Recovery Plans

Pathways for ME – Cumberland County Jail

- Recovery Coaching, All Recovery, and SMART Recovery groups
- Certificate of Completion after eight SMART Recovery groups
- Letter of participation after five All Recovery groups
- New Member Packets
- PRCC membership cards

Eligibility and Enrollment

- Self-identify as being in recovery personally or as an affected other
- Voluntary and free
- Available to all residents
- Must request one-on-one support

Length, Intensity, and Delivery of Service

- Designed to meet needs of the Recoveree
- In person at CCJ
- Upon release – in person, virtually, or by phone
- As little as one session or up to several years
- Assist in developing personal and community supports

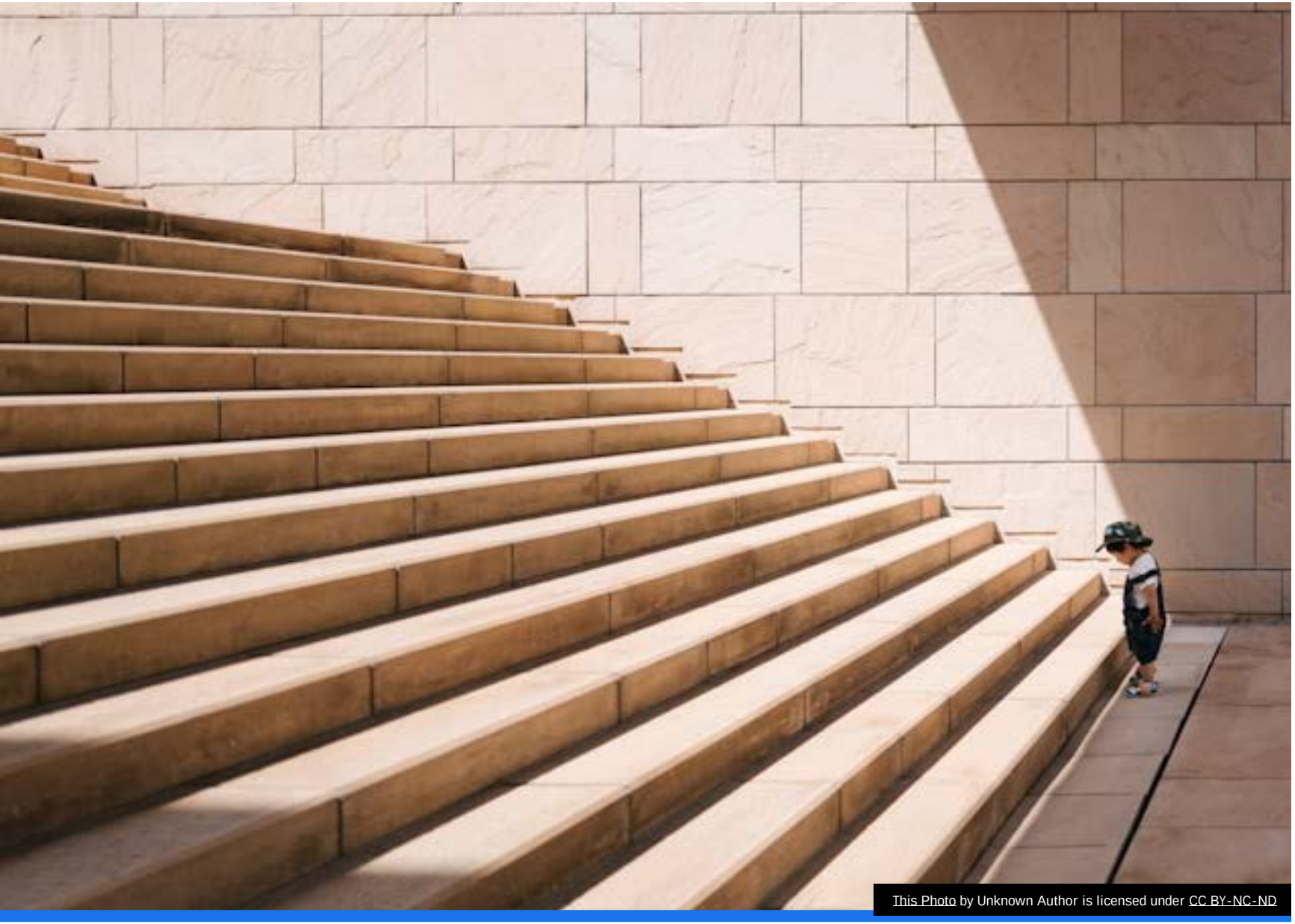
Recovery Groups

Recovery Rides Program

In agreement with The Maine Recovery Council and The Office of the Attorney General, PRCC has implemented a Recovery Rides program to connect individuals with Substance Us Disorder that are transitioning from incarceration with treatment, peer support, recovery housing, and additional recovery resources. A Peer Recovery Coach offers safe transportation between the two destinations during this vulnerable time.

Department of Corrections

- Over 300 residents trained in Recovery Coach Academy since 2020
- 58 active coaches as of March 2026
- Worked with approximately 400 incarcerated recoverees
- In the past 6 months, recovery coach provided 1:1 transitional coaching for residents that were reentering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Challenges

- Access for people with lived experience inside justice settings
- Scheduling conflicts within systems
- Resident rotation and following curriculum
- Funding/Availability
- Collaboration between treatment providers and peers
- Assigning peer workers instead of offering
- Resource Brokers/Maintaining Boundaries

How It's Going!

January 1st 2025 to December 31st 2025

- 1 part-time coach in CCJ, 1 part-time Recovery Rides coach
- 415 hours of SMART and All Recovery groups
- 106 hours of 1:1 coaching (inside and outside)
- 45 members engaged in 1:1 coaching (inside and outside)
- 14 members continued engagement following release!
- Most frequently discussed topics were Overall Recovery, Financial Support/Employment, and Relationships/Social Supports
- 17 total rides from November 2025-Present